

Kim Hoechst Workshop Materials List:

This is an oil painting workshop. Students may choose to use other mediums, but my experience and knowledge, particularly around color mixing results are based in oils.

We will have a brief discussion about handling practices and working environment for anyone concerned about the safety of oil paints and mediums. I have learned to work in a way that limits exposure to toxic materials and can share this.

Paints:

For the limited palette:

Cadmium Yellow Light
Yellow Ochre or Raw Sienna
Cadmium Red, Medium
Alizarin Crimson
Cerulean Blue
Ultramarine
Ivory Black
Titanium White

Additional Colors

Burnt Sienna
Ultramarine Violet
Viridian

Two recommended brands of less expensive sources for oil paint, especially cadmium pigments and cerulean blue are:

- Utrecht Artists' Oil Paints — available through Blick Art Supplies (dickblick.com)
- Lucas 1862 Professional Oil Paints — available through Jerry's Artarama (jerrysartarama.com)

Students may also substitute other prismatic yellows and reds if desired, but the above list will provide the most reliable results. Paints identified as “hues” and student grade paints are not recommended.

Painting surfaces:

Two to three white (not toned) small stretched canvases or canvas/linen painting panels to provide composition options. (e.g. 9 x 12, 12 x 12 11 x 14, 12 x 16)

Since this is a one-day workshop, working on a smaller scale will allow for greater opportunity to develop the painting.

Another great option: Arches Oil Paper, available in 12 x 16" tablet. This can be taped to a board, and can be oil primed but does not require priming. This is a very absorbent painting surface and works well if you struggle with paint slipping around in the early stages of a painting.

Brushes/Palette Knife

Brushes:

Sturdy synthetic or hogs hair round, flat and/or filbert brushes designed for oil painting. Medium to large: size numbers vary by brand, but generally in the range of 8, 10, 12, 14

A few smaller, softer brushes such as mongoose or the synthetic equivalent for details

Medium size, flexible palette knife for color mixing

Palette Paper:

16 x 20" or 18 x 24" palette paper highly recommended. A large palette provides the space needed for extensive color mixing.
(Larger palette sizes available in Blick Studio series or Grey Matters series)

Portable Easel

(e.g. type used for plein air painting). This is optional, but you will have more options to position yourself to capture a composition you like if you have this available.

Other

Odorless Mineral Spirits (Gamblin Gamsol highly recommended; no turpentine products or mineral spirits that are not odorless.)

Jar or metal cups for Gamsol and Medium

Refined Linseed Oil or Safflower Oil

Gamblin Solvent-Free Fluid (optional)

Nitrile gloves to protect your hands when handling mineral spirits if you are sensitive to this product